



THS E-NEWS

Feb. 18, 2018

ANNOUNCEMENTS

- The applications for the United States Naval Academy's Summer Seminar and Summer STEM are OPEN! Naval Academy Summer Seminar offers an opportunity for rising high school seniors to experience the academy for one week. Participants learn about life at the Naval Academy, where academics, athletics and professional training play equally important roles in developing our nation's future leaders at this four-year college.
2018 Sessions: June 2-7, June 9-14, June 16-21
<https://www.usna.edu/Admissions/Programs/NASS.php#fndtn-panel1-Steps-For>
- Are you interested in options for after-school training that pays you instead of paying them? On March 1, Butler Tech is hosting reps from many local unions who sponsor training through paid sponsorship. Please see your counselor if you are interested in attending.
- Seniors need to send their pictures in for yearbook to Mr. Zimmerman by February 23.
- NOTE: 90 minute delays – School start time is 8:45 AM

THS CALENDAR OF EVENTS

February 18-24, 2018

Sunday, Feb. 18

4:00pm-5:00pm

Butterfield 4-H Meeting (Cafeteria)

Monday, Feb. 19

4:00pm-7:00pm

*****NO SCHOOL Presidents' Day**

Superintendent Search/Community Forum/Q & A
(THS Performing Arts Center)

Tuesday, Feb. 20

2:45pm-5:30pm

Charlie Brown Rehearsal (PAC)

7:00pm-9:00pm

Fermata Nowhere and 7th, 8th grade Concert (PAC)

Wednesday, Feb. 21

1:30pm-2:30pm

THS FFA Meeting in PAC

2:45pm-5:30pm

Charlie Brown Rehearsal (PAC)

Thursday, Feb. 22

2:45pm-5:30pm

Charlie Brown Rehearsal (PAC)

7:00pm-9:00pm

THS & TMS Orchestras Concert (PAC)

Friday, Feb. 23

4:00pm-6:30pm

Charlie Brown Rehearsal (PAC)

Saturday, Feb. 24



Dear Students and Parents,

You just received your Practice ACT® test score...Now What?!

1. **Don't freak out!!!** Remember this score doesn't define you, and you have the power to change it.
2. **Sign up for the upcoming Boot Camp**, and boost your score! Seats are limited, and courses fill up quick!

5-Week BOOTCAMP – Prepares for ACT® Test on February 27th 2018
@ Talawanda High School

Why TorchPrep?

TorchPrep increases ACT® scores

TorchPrep works around your busy schedule

From academic rigor to test anxiety...TorchPrep takes care of it all

TorchPrep courses are high-energy and engaging

Thursdays: 1/25/18, 2/1/18, 2/8/18, 2/15/18, 2/22/18 6PM-9PM

Saturdays: 1/27/18, 2/3/18, 2/10/18, OFF, 2/24/18 10AM-2PM

Early Registration Deadline: 1/16/2018

SIGN UP HERE

Have Questions?

www.torchprep.com | 888.382.8174 | Info@torchprep.com

2017-2018 ACT® TEST DATES



2017 Test Dates Deadlines	SEP 9	OCT 28	DEC 9
Registration	AUG 4	SEP 22	NOV 3
"Late Registration	AUG 5-18	SEP 23-OCT 6	NOV 4-17
Photo Upload	SEP 1	OCT 20	DEC 1

Register at
act.org

2018 Test Dates Deadlines	FEB 10*	APR 14	JUN 9	JUL 14*
Registration	JAN 12	MAR 9	MAY 4	JUN 15
"Late Registration	JAN 13-19	MAR 10-23	MAY 5-18	JUN 16-22
Photo Upload	FEB 2	APR 6	JUN 1	JUL 6

School code: _____

The **ACT**®

"Every parent should attend this class - starting early is better. It's said there is not a manual on how to raise children. In my opinion, this program and book are the closest I have seen." Former Parent Participant

**TSD APPROVED
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DO YOU HAVE QUESTIONS ABOUT HOW TO RAISE A CHILD IN TODAY'S WORLD?

**TSD APPROVED
for distribution**

Join us this Spring for a life changing opportunity for your family!



An opportunity for parents of school-aged children who would you like concrete ideas on how to deal with some of the most difficult parenting questions.



An opportunity for middle and high school students that promotes increasing school performance, reducing disruptive behaviors and improving self-concept and emotional health.

**Talawanda sessions begin on Tuesday,
March 6th and run for 10-weeks. FREE
dinner and childcare are available.**

Call 513.273.3390 to register!



AFS INTERCULTURAL PROGRAMS

Do your part for world peace! AFS Intercultural Programs welcomes high school exchange students from 90 countries to live with host families while attending high school in the Greater Cincinnati area. We are currently placing students for the upcoming year, both first semester and full-year students.

For information on becoming an AFS host family, contact Kristi Campbell at 513-867-8132 or kristicampbell66@gmail.com. For more general information on all of our programs, check out www.afsusa.org.

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Empowering Parents To Raise Their Children To Be Substance-Free

Talk early and often about alcohol, tobacco and other drugs. Even when it gets tough.



Click here to print a PDF of this article so you can start a conversation with your child

Talking regularly with youth about the dangers of alcohol, tobacco and other drugs reduces their risk of using in the first place.

Know! encourages you to share this Parent Tip with friends and family.

Learn more at:
PreventionActionAlliance.org

Know! is a program of:

Prevention
Action Alliance



Link to the article on the
Prevention Action Alliance
Facebook page



Link to the Spanish archives

Prevention Action Alliance
6171 Huntley Road, Suite G
Columbus, Ohio 43229
PH: (614) 540-9985
FX: (614) 540-9990

Start Talking!

Building a Drug-Free Future



Know! What's Trending – the Tide Pod Challenge



If you are raising teenagers, you have no doubt heard of some of the ridiculous internet challenges that exist among this age group. While some of these new-age “dares” are silly and harmless, many more are dangerous and even deadly, like the one currently trending – the ‘Tide Pod Challenge.’

It has nothing to do with laundry and everything to do with getting internet “famous.” The videos that have spread like wildfire across social media look something like this – laughing, joking teens sink their teeth into one of the colorful, dessert-like looking laundry pods, then cough and gag while toxic, stain-fighting chemicals ooze from their mouths. The purpose? A few laughs from their friends and as many social media “views” as possible.

The American Association of Poison Control Centers, however, says the ‘Tide Pod Challenge’ is no joke. These pods have caused children to be hospitalized with difficulty breathing, loss of consciousness, and temporary vision loss due to chemical burns to the eye. Additionally, Consumer Reports say the ingredients in these pods can burn the mouth, digestive system, and stomach, cause gastrointestinal distress and respiratory arrest, and if they make their way into the bloodstream or organs, they can be fatal.

While concerns surrounding these types of detergent pods are not new, we used to worry that children under the age of five would unintentionally ingest them. Who would have guessed that our 13 to 19-year-olds would be intentionally biting into them?

What is a parent to do? By reading this tip, you are already taking a step in the right direction by becoming AWARE. But you must also be aware that as this Internet challenge fades out, another is sure to follow, which is why it is so important to talk with our teens about the health and safety dangers of this and other online challenges.

Here are some points to keep in mind as you do:



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- **Don't assume your child won't try it:** Remember, a teen's brain is not fully developed – impulsivity along with peer pressure and the competitive desire to one-up a peer are all powerful influencers.
- **Set clear boundaries:** Share your expectations and what you consider to be acceptable and unacceptable behavior. What your child thinks is okay, may not be okay with you.
- **State (and restate) the obvious:** While biting into a laundry detergent pod seems quite obviously NOT okay, make no assumptions when it comes to your child's safety.
- **Prompt critical thinking:** Ask your child, "What do you think could happen if you do this?" In the face of such a challenge, help your child learn to step back for a moment and apply basic logic and reason before making a decision that could impact his/her health and safety, as well as your trust.
- **Keep it positive:** Though you may be tempted to tell your teen about all the possible consequences, remember that youth are hard-wired to defend against negative messages or scare tactics. Take a step back and emphasize what your child should do, like resisting peer pressure and making healthy decisions.

It would be naive to think we will ever keep up with all the latest internet trends, dangerous or not. What we can do is talk to our children, set clear boundaries, and teach them to think critically before the next risky challenge presents itself.

** If you or someone you know ingests a laundry pod, or other toxic substance, call the National Poison Help Hotline at 1-800-222-1222.*

Sources: [Michael nedelman, CNN: Poison control calls 'spike' due to online laundry pod challenge. January 17, 2018.](#) [TIME: Here's How Common the Tide Pod Challenge Really Is. January 17, 2018.](#) [McAfee Blog Central: Digital Dares: Dumb Kids with Smart Phones, September 23, 2014.](#)

Visit starttalking.ohio.gov to get the conversation going !!!



FEBRUARY | 2018

Talawanda High School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Rotini with Meat Sauce Garlic Roll Side Salad Fresh & Chilled Fruits	2 Popcorn Chicken Bowl Mashed Potatoes with Gravy & a Roll Corn Fresh & Chilled Fruits
5 Omelet with Bacon and Spicy Spuds Biscuit Fresh & Chilled Fruits	6 Orange Chicken with Rice Broccoli Fresh & Chilled Fruits	7 Taco Salad or Soft Taco with Taco meat Refried Beans Lettuce, Tomato & Cheese Fresh & Chilled Fruits	8 Lasagna Roll Ups Tossed Salad Garlic Bread Fresh & Chilled Fruits	9 Chicken Nugget & Roll Mashed Potatoes with Gravy Green Beans Fresh & Chilled Fruits
12 Corn Puppies Baked Beans Baked Fries Fresh & Chilled Fruits	13 Grilled Cheese Tomato Soup Pickle Spear Fresh & Chilled Fruits	14 Pork BBQ on a Bun Baked Fries Cole Slaw Fresh & Chilled Fruits	15 Rotini with Meatballs Garlic Roll Side Salad Fresh & Chilled Fruits	16 No School
19 No School	20 Chili Fries Soft Pretzel Side Salad Fresh & Chilled Fruits	21 Grilled Hot Ham and Cheese Sandwich Homemade Veggie Soup Fresh & Chilled Fruits	22 Cincinnati Chili with Spaghetti, Crackers Kidney Beans, Cheese & Onion Tossed Salad Fresh & Chilled Fruits	23 Chicken Parmesan on a Bun Baked Fries Salad Fresh & Chilled Fruits
26 Meatballs on a Sub Marinara Sauce Baked Fries Fresh & Chilled Fruits	27 Enchilada with Sauce Rice with Black Beans and Corn Salad Fresh & Chilled Fruits	28 Taco Salad – Taco Meat & Tortilla Chips Cheese, Lettuce, Tomato & Salsa Fresh & Chilled Fruits		

News

Lunch \$3.10 - \$3.50

Specialty Bar \$4.10

Students who qualify for reduced meals pay \$.40; those who qualify for free meals receive lunch at no cost.

Breakfast Available for ALL Students Daily!

Breakfast costs \$1.00.

Students who qualify for reduced meals pay \$.30; those who qualify for free meals receive breakfast at no cost.

Daily Offerings Include:

- *White & Flavored Milk
- *Fruit & Veggie Bar
- *Build Your Own Chef Salads
- *Turkey, Ham, Buffalo Chicken or Chicken Salad Sandwiches
- *Hamburgers, Cheeseburgers, Pizza, & Cheesy Bread Sticks with Marinara Sauce
- *Grilled Chicken Sandwich (Monday & Wednesday)
- *Fish Sandwich (Friday)
- *Bagel with Hummus
- *Nacho Meal (Thursday)

Menu Items are Subject to Change

This institution is an equal opportunity provider.

Talawanda's Food & Nutrition Services Department